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Middle School-----Freshman/Sophomore------Jr Teams

Hello

Here is the information for this year's MS, Frosh/Soph and Jr team duals in Des Moines, IA. This year's tournament will only be boys. The girls Twin Rivers dual tournament will be held on a different weekend. The dates for this year's tournament will be April 18-19. We will once again be hosting qualifier locations for the MS and 9/10 teams. Jr team will be selected. The cost of this trip will be \$300 non-refundable. \$200 will be due at the qualifier if they make the team. After we have the three qualifiers at each weight, the coaches will be placing wrestlers on the teams. We will not do wrestle-offs the night before departure. More information on the tournament can be found at AAUsports.org Click on the wrestling tab. Here is a schedule for the weekend:

April 16th- Check in to West Central High school in Hartford at 4:00 PM

We will run a short practice, hand out gear, and have supper. Wrestlers will sleep at the school. So pack bedding and items for showering.

**April 17**<sup>th</sup>- Clean up and load buses by 8:00 AM to depart for Des Moines. We will make a stop along the way. We will weigh in at Hy Vee Hall at 5:00 PM. After weigh-ins we will eat and make a Walmart run and then check into the hotel. We are staying at the Airport Holiday Inn on LeFluer Drive in Des Moines.

April 18th- We will wrestle five duals on this day. All wrestling will take place at Hy Vee Hall.

**April 19**<sup>th</sup>- We will pack up and check out of the hotel. We will travel to Hy Vee Hall and wrestle three more duals. When competition is over, we will be loading the buses up and drive back to Hartford.

The cost again is \$300. With this the wrestler will get:

-Transportation -Team SD Gear -Hotel -Entry Fee -Supper Wed night

-Breakfast Friday Morning at Hotel -Breakfast Thursday -Coaching

This year's trip will be headed by Scott Andal of MCM and Cole Grocott of West Central. Coaches are still be selected for the trip. If you have any questions, you can contact Chris Sayler. Below is the paperwork that will be needed to wrestle:

-Team SD Info form -AAU Card -Birth Certificate -Report card

Chris Sayler

605-759-1223

Chris.sayler@k12.sd.us

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## **Team SD AAU Information**

Wrestler's Full Name:	
Wrestler's Address:	
**************************************	
Wrestler Phone Number:	
Birthdate and Grade in School:	
Parent Phone	
Email Address:	
Event Name:	
Weight Class:	
Division (Middle School or High School)	
Singlet Size:	
Shirt Size:	
Short Size:	
Insurance Information- Insurance Company and Policy Number	
Paperwork needed to wrestle:	
Paperwork needed to wrestle: -Current AAU Card	-Copy of Birth Certificate (Please don't send original)
	-Copy of Birth Certificate (Please don't send original) -Team SD Info Sheet
-Current AAU Card	-Team SD Info Sheet
-Current AAU Card -Current Report Card	-Team SD Info Sheet
-Current AAU Card -Current Report Card -Copy of Driver's license- Only needed	-Team SD Info Sheet  for Scholastic Duals (parent or guardian) give Team SD AAU coaches
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