



Boys Middle School &
Boys Freshman/Sophomore Dual Wrestle Offs
For Iowa National Duals April 17th-19th



Location: Lyman High School
Date: Sunday, March 23th 2025
Start Time: 1PM CST

Register: blaine.brakke@k12.sd.us (Name, Grade, Weight Class, Contact Info)

Current AAU card REQUIRED

Deadline: Saturday March 22th 6:00PM CST

Wrestler Entry Fee: \$10 entry fee pay upon arrival

Bring: *Copy of AAU Card*Copy of Birth Certificate*Copy of Current report
card*\$200 deposit(if division winner)

Follow Lyman Wrestling Club on Facebook for updates

Weigh Ins:

On site Sunday, March 23th 11:30 – 12:30

Weight Classes:

(Must be in singlet)

Middle School- 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135,
140, 145, 152, 160, 171, 189, 250 (2LB Allowance)

Freshman/Sophomore- 98, 106, 113, 120, 126, 132, 138, 144, 150, 157,
165, 175, 190, 215, 285 (2lb. NFHS Growth Allowance)

This event is to secure your spot on one of the 3 Team SD dual teams. There are 3 qualifiers held in the state. Only the Champion in each weight class at each qualifier will be guaranteed a spot on the Team South Dakota dual team. If you win, you are required to place your \$200 deposit immediately following your championship match. **Do not compete in this event unless you intend to be a part of Team SD on April 17-19th in Des Moines, Iowa.**

If you are the only entrant AFTER the deadline has closed, paperwork will be emailed to you. There is no need for you to show up at the qualifier if you are the only entrant in a weight class. Leave contact information in registration email so you can be notified.